



The Easy Guide to Number Stress

Stress 1st Part of Number

When counting Teen numbers in a row

THIR-teen, **FOUR**-teen, **FIF**-teen,
SIX-teen, **SEVEN**-teen, **EIGH**-teen,
NINE-teen

When counting or stating 'ten' numbers for amounts, money, time etc.

TWEN-ty, **THIR**-ty, **FOR**-ty, **FIF**-ty,
SIX-ty, **SEVEN**-ty, **EIGH**-ty, **NINE**-ty

*"A **TWEN**-ty percent increase in sales"*

English primary stress defined:

1. Stressed syllables in words are spoken **louder**
2. Vowel sounds in stressed syllables are spoken **longer**
3. Stressed syllables are spoken with a **different pitch** than the rest of the word.

Stress 2nd Part of Number

When stating teen numbers for amounts, money, time etc.

thir-**TEEN**, four-**TEEN**, fif-**TEEN**,
six-**TEEN**, seven-**TEEN**, eigh-**TEEN**,
nine-**TEEN**

*"Kathy has worked here for
thir-**TEEN** years"*

When stating or counting any other number above twenty

twenty-**ONE**, thirty-**SIX**, forty-**TWO**,
fifty-**FIVE**, sixty-**EIGHT**,
seventy-**NINE**, eighty-**THREE**,
ninety-**FOUR**

*"Twenty-**FIVE** milligrams."*

*"He retired when he was seventy-**TWO**
years old."*

Secondary stress is weaker than primary stress, but stronger than no stress at all.